

Fleece Mittens

Materials: fleece scraps or remnants
Paper for pattern
Elastic and bias tape or ribbing for cuffs

There is no right or left to these mittens, so if you have enough fabric make an “extra” so you have a spare when one gets lost.

Trace around the hand, fingers together, thumb slightly apart. Add $\frac{3}{4}$ in. line around your traced hand. This is your cutting line. If you want elastic in the cuff, add 2 $\frac{1}{2}$ - 3 inches on the bottom of mitten. If you want a knit cuff, add 1 in along bottom edge.



Place side of pattern OPPOSITE thumb along fold of fleece with stretch going around hand. Cut two. If you are using scraps and don't have enough to fold, cut 4 pieces making sure you can match two right sides for each mitten.



For elastic version: Lay mitten out flat. Make a casing using single fold bias tape along a line 2 in. from bottom of cuff. Insert $\frac{1}{4}$ in elastic, wrist meas, - 1 inch, adjust to fit.





Sew around your mitten using a $\frac{1}{4}$ in seam. Sew again to reinforce. Clip curves and turn right side out.



For cuffed version: Sew around your mitten using a $\frac{1}{4}$ in seam. Sew again to reinforce. Clip curves and turn right side out. use purchased cuffs or make you own from ribbing. This should be twice the length you want your cuff, and the width of your mitten minus 1 in. Sew the length of the ribbing, fold in half matching edges. . Pin evenly along bottom edge of mitten, stretching to fit.

You can also use this method to make mittens from wool sweaters that have shrunk or are showing wear. If necessary, shrink your old sweater by washing in hot water then drying. Turn sweater inside out. Use the bottom edge of sweater for your ribbing. Place pattern using the side seam as your fold. I carefully stitch around pattern, cut outside the stitching, then sew again. Turn right-side out and you mitten is finished.